

New Structural Approaches in Acupuncture and Manual Therapy: Koshi Balancing meets Yin Sotai with Dr. Jeffrey Dann & Dr. Bob Quinn

November 21st & December 5th 2020

8am-1:30pm (PST)

Online Webinar

\$190 Professionals

\$150 Students

10 NCCAOM PDAs (Pending)

10 CA Category 1 CE's (Pending)

90% refund applied if request received greater than 2-weeks from date of event
No refunds if cancellation received within 2-weeks of event

Explore the fascinating overlap and mutual enrichment between the treatment styles that Jeffrey Dann & Bob Quinn have pioneered, Koshi Balancing and Yin Sotai

Koshi Balancing is the culmination of Jeffrey's years spent studying with masters of acupuncture, teishin, bodywork, movement arts, and the martial arts.

Bob's work in Yin Sotai should be seen as an evolution of Dr. Keizo Hashimoto's Sotai-ho in an even gentler direction.

This workshop is designed for students and novice and experienced practitioners; no experience in Traditional Japanese Medicine is necessary. Our focus throughout will be on practical skill development with a focus

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on the *teishin*. As such, it is appropriate for non-acupuncturists too.

More info & registration online: www.pdxTJMseminars.com

Seminar at a Glance...

In this course Jeffrey Dann and Bob Quinn explore the fascinating overlap and mutual enrichment between the treatment styles they have pioneered, Koshi Balancing and Yin Sotai. Koshi Balancing is the culmination of Jeffrey's years spent studying with masters of acupuncture and *teishin*, bodywork, movement arts, and martial arts. It is a style that is highly palpatory and can be practiced with acupuncture needles or non-insertive tools, like the *teishin*. Koshi Balancing, as originally conceived, has a key role for a few important Sotai movements.

Bob's work in Yin Sotai should be seen as an evolution of Dr. Keizo Hashimoto's Sotai-ho in an even gentler direction. Sotai is an indirect style of movement-bodywork that is often referred to as a system of neuromuscular reeducation. What Bob has done in Yin Sotai is ask himself two questions: What happens in Sotai if the patient's level of muscular effort in the movements and the weight of the practitioner's touch in the assessments are significantly reduced, and what changes when the movements become more sophisticated, involving always two or more joints that engage both sides of the body? The result of his investigations is called Yin Sotai.

This course will be taught with a focus on the *teishin*. As such, it is appropriate for non-acupuncturists. Acupuncturists after the course will understand how needles can be used instead of the *teishin*, but in the course no needling will be taught. Participants are encouraged to have someone on hand that they can practice on as a model, so that the learning can immediately come alive.

About the Instructors

Dr. Jeffrey Dann, PhD, LAc

Jeffrey is the founder of the Koshi Balancing™ Method, has been an educator and community health practitioner for the past 45 years. A respected acupuncture teacher, he has taught internationally as well as at national conventions and for doctoral programs on both coasts. He is a full professor at the Southwest Acupuncture College in Boulder, CO where he is also director of the Aloha Wellness Associates Clinic.

Dr. Bob Quinn, DAOM, L.Ac.

Bob Quinn has been studying various Japanese acupuncture, moxa, and bodywork styles since 1999. He has found an eclectic way to incorporate elements of these styles into a coherent whole. Much of his clinical work is now done with *teishin*, moxa and bodywork

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instead of normal insertive acupuncture. Until recently he taught full-time in the School of Classical Chinese Medicine at NUNM in Portland, OR.