

Treating the 'Heart': *Teishin* Techniques for Trauma, PTSD, and Depression

-Sensei Takahiro Funemizu

September 22-23, 2018

9am-5pm

OCOM

75 NW Couch St
Portland, OR 97209

\$395 (Professionals)

\$285 (Students)

13 NCCAOM & California PDAs (Pending)

90% refund applied if request received greater than 2-weeks from date of event

No refunds if cancellation received within 2-weeks of event

Funemizu Sensei is a rare practitioner in Japan, his practice has an almost exclusive focus on mental-emotional complaints. Using Meridian Therapy & *Teishin* techniques he has developed effective and gentle treatments for PTSD, depression, and trauma. These techniques were utilized and refined for those affected by the 2011 Earthquake and Tsunami.

"Funamizu is considered one of a new wave of dynamic Japanese Sensei. He is one of the leading young master teachers of Japan's Meridian Therapy Association. His teaching schedule and clinical practice are in great demand." -Jeffrey Dann

At the completion of this seminar you will:

- Understand the Japanese five-element approach to Heart Shock Trauma
- Be competent in providing basic *Teishin* techniques for root treatment
- Be competent in providing manual and non-invasive stimulation using acupuncture tools, e.g. *Teshin*
- Appreciate & explore whole body treatment using Japanese diagnostic and stimulation techniques

Seminar at a Glance

This event will teach you unique techniques for treating the mind and spirit. Sensei Takahiro Funemizu has a dynamic teaching style and obvious technical skills that are readily transmissible. These include a wide variety of “fine touch” techniques not widely used in North America, such as *sesshokushin* and *sanshin*. You will learn a variety of non-insertive techniques with various *Teishin* tools for deficiency, stress, and *shen* disturbances. These techniques are easily understood and applied clinically to effectively soothe the Body-Mind.

You will learn graceful “*katas*” or protocols to elicit deep relaxation and balance with the gentle and effective Meridian Therapy. In addition to common conditions of the back, abdomen and head, facial acupuncture will also be covered. These techniques have been refined and clinically applied treating victims of the Japan earthquake-tsunami. The techniques are applicable for a wide range of mental-health conditions, including insomnia, depression, PTSD, anxiety & shock, and are comfortable & effective for patients, young or old.

Instructor Bio

The senior masters of Meridian Therapy, Shudo Denmei, Ikeda Masakazu, and Okada Akizo are passing the baton to the next wave of dynamic younger teachers. One of the rising stars is Sensei Takahiro Funemizu.

Funemizu Sensei is an Instructor and Clinical Practitioner at Kuretake School of Therapeutics. He is a long time student of Meridian Therapy and studies particularly the Tanba Style taught by Meridian Therapy Society Chairman, Okada Akizo Sensei. Funemizu Sensei treats primarily people with depression, anxiety and mental health associated conditions.

Based on his clinical experience, facial acupuncture is often included into treatments. Funemizu Sensei has found that using facial rejuvenation (especially with women) improves the efficacy of treatments for depression. In addition, he includes many non invasive techniques in his treatments.