

Wisdom of Master Nagano: Foundational Training Program; *Modules 1-5*

Module #1: February 4-5, 2017

DAY 1

- 9:00-10:15: Lecture about history of this Tx style & introduction to Stomach Qi and its importance. Discussion re: the procedure to determine the "sho" & treatment order.
- 10:15-11:45: Patient Treatment Demonstrations (2 patients)
- 11:45-1:00: Demo & practice of palpation techniques: Pulse analysis, Stomach Qi and other point locations
- LUNCH
- 2:30-3:30: Demo & practice of pulse, tongue, abdominal diagnosis
- 3:30-4:15: Patient Treatment Demonstration (1 patient)
- 4:15-5:30: Demo & practice of point location and needling
- 5:30-6:00: Q & A

DAY 2

- 8:00-9:00: Q & A, review of point location and needling technique
- 9:00-10:00: Prenatal Qi lecture
- 10:00-10:45: Patient Treatment Demonstration (1 patient)
- 10:45-11:45: Demo & practice of Prenatal Qi condition and pulse taking
- LUNCH
- 1:15-2:15: Pulse taking and diagnosis step by step (putting pre+postnatal Qi together)
- 2:15-3:00: Patient Treatment Demonstration (1 patient)
- 3:00-4:30: Palpatory exercise (point location, diagnosis check) & Needling practice
- 4:30-5:00: Q&A

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Module #2: June 3-4, 2017

DAY 1

- 9:00-10:15: Lecture on review of the basic 1 material, introduction to LR and ST Qi Clock.
- 10:15-11:00: Patient Treatment Demonstration (1 patient)
- 11:00-12:00: Demo & practice for back, abdominal, & Pulse diagnosis; Yuan Source Points & Teishin
- LUNCH
- 2:15-3:45: Demo & practice for points for liver & kidney/heart
- 3:45-4:30: Patient Treatment Demonstration (1 patient)
- 4:30-5:30: Demo & practice for point location and needling
- 5:30-6:00: Q&A

DAY 2

- 8:00-9:00: Q & A, review of point location and needling technique
- 9:00-10:00: Lecture on Brain, Head issues (Qian Zheng, Dao Hui, UB10) & Extra ordinary vessel
- 10:00-10:45: Patient Treatment Demonstration (1 patient)
- 10:45-11:45: Demo & practice of Point Location & Needling
- LUNCH
- 1:15-2:15: Practice of palpation for diagnosis
- 2:15-3:00: Patient Treatment Demonstration (1 patient)
- 3:00-5:30: Palpatory exercise among attendees; 3 rotations
- 5:30-6:00: Q&A

Module #3: September 9-10, 2017

DAY 1

- 9:00-10:15: Lecture on review of the basic 1 & 2 material and treatment synopsis
- 10:15-11:30: Patient Treatment Demonstrations (2 patient)
- 11:30-12:45: Demo & practice for diagnostic techniques and guidance
- LUNCH
- 2:15-3:15: Demo & practice for muscle group/points for treating waist, back, hip
- 3:15-4:00: Patient Treatment Demonstration (1 patient)
- 4:00-5:30: Demo & practice for point location and needling
- 5:30-6:00: Q&A

DAY 2

- 8:00-9:00: Q & A; Review and hands on for point location and diagnostic technique
- 9:00-10:00: Lecture on Musculoskeletal treatment (Lower extremity)
- 10:00-11:30: Patient Treatment Demonstrations (2 patients)
- LUNCH
- 1:00-2:15: Demo & practice Palpating muscle group and treatment points
- 2:15-3:00: Patient Treatment Demonstration (1 patient)
- 3:00-5:30: Palpatory exercise among attendees; 3 rotations
- 5:30-6:00: Q & A

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Module #4: November 4-5, 2017

DAY 1

- 9:00-10:15: Lecture on review of the basic 1 & 2 material and treatment synopsis for upper body
- 10:15-11:30: Patient Treatment Demonstrations (2 patient)
- 11:30-12:45: Demo & practice for diagnostic techniques and guidance
- LUNCH
- 2:15-3:15: Demo & practice for muscle group/points for treating neck shoulder issues
- 3:15-4:00: Patient Treatment Demonstration (1 patient)
- 4:00-5:30: Demo & practice for diagnosis, point location and needling
- 5:30-6:00: Q&A

DAY 2

- 8:00-9:00: Q & A; Review and hands on for point location and diagnostic technique
- 9:00-10:00: Lecture on Musculoskeletal treatment (Upper extremity)
- 10:00-11:30: Patient Treatment Demonstrations (2 patients)
- LUNCH
- 1:00-2:15: Demo & practice Palpating muscle group and treatment points
- 2:15-3:00: Patient Treatment Demonstration (1 patient)
- 3:00-5:30: Palpatory exercise among attendees; 3 rotations
- 5:30-6:00: Q&A

Module #5: February 24-25, 2018

DAY 1

- 9:00-10:15: Lecture on Treating yang with yin, and reverse (6 pivotal points)
- 10:15-11:30: Patient Treatment Demonstrations (2 patient)
- 11:30-12:45: Demo & practice for treating weak patients
- LUNCH
- 2:15-3:15: Demo & practice for pulse, tongue, abdominal diagnosis
- 3:15-4:00: Patient Treatment Demonstration (1 patient)
- 4:00-5:30: Demo & practice for diagnosis, point location and needling
- 5:30-6:00: Q&A

DAY 2

- 8:00-9:00: Q & A; Review and hands on for point location and diagnostic technique
- 9:00-10:00: Lecture on Extra points for OBGYN and other conditions
- 10:00-10:45: Patient Treatment Demonstrations (1 patient)
- 10:45-11:45: Pulse taking, Point Location and Needle Practice
- LUNCH
- 1:15-2:15: Practice of Pulse taking and diagnosis step by step
- 2:15-3:00: Treating patients with sense of connection of body
- 3:00-5:30: Patient Treatments; 3 rotations
- 5:30-6:00: Q&A